



## Slovenia 2018

### Hiking Alps – Lakes and Valleys- 7-night self guided tour



#### **Moderate 8 days / 7 nights**

*A guided group walking holiday or those who like alpine scenery and sweeping vistas. This is a collection of easy valley floor and forest-covered hillside walks. Though in the alpine area, no climbing experience or equipment is necessary. More than half of the walks are situated in the Slovenia's only National Park.*

*The famous Lake Bled and Lake Bohinj, as well as Mt. Triglav National Park, are the highlights of this walk. A very picturesque mountain tour through glorious landscape. Suitable for hikers of very average fitness, recommended for photography enthusiasts.*

#### *Walk highlights:*

- Guided walking along valley trails through the Triglav National Park
- Crystal clear mountain lakes, deep canyons carved by mountain streams
- Broad meadows resplendent with wildflowers on mountain pastures
- A touch of Austria and Italy
- Three individual hotels, great food

### TOUR ITINERARY

#### **DAY 1 ARRIVAL TO KRANJSKA GORA**

Famous SKI RESORT OF Kranjska Gora is the starting point for this tour. Also a popular ski resort, it is most famous for hosting the annual World Cup Slalom every January. You will spend your first night here in the shadows of the mighty western Julian Alps (family hotel 3\*\*\*).

## **DAY 2 KLANJSKA GORA – JASNA VALLEY – KLANJSKA GORA**

**16 km round trip / ascent 400m. Alpine walk**

Your warming up walk will take you via a trail to the end of Jasna Valley. Emerging at the other end is the glorious mountain arena of the Prisank and Razor Mountains. A typical hikers lunch can be taken in Krnica hut. Upon return, one can visit the “Russian Chapel”, a touching monument dedicated to Russian POW’s who died during WW1 while building the military road over Vršič Pass. (Accommodation: 3\* hotel)

## **DAY 3 (10 min. car transfer) PODKOREN –THREE COUNTRIES POINT – PODKOREN**

**19 km round trip / ascent 640m; forest and mountain meadows trail**

Today's walk takes you to the summit of Mt. Peč (1508m) to the triple border point where Slovenia, Italy and Austria meet. At the top you can soak up the dramatic views across the Julian and Carnian Alps, with Hohe Tauern, the highest alpine range in Austria, forming a picturesque backdrop. The trail then descends through the valley to the source of the mighty Sava River, the longest in Slovenia.

(Accommodation: 3\* hotel)

## **DAY 4 RADOVNA VALLEY – VINTGAR GORGE - LAKE BLEĐ**

**11 kms / ascent 200m. Valley & meadow walk**

You will be transferred through the Radovna Valley to the start of the stunning 1.6km Vintgar Gorge, carved 150m deep into the mountains by the Radovna River. The trail leads along a wooden walkway through the gorge and onwards to the world-famous Bled Lake, via the lovely Katarina Church viewpoint. Your hotel overlooks the lake. (Accommodation: 4\* hotel)

## **DAY 5 BLEĐ – BOHINJSKA BELA – LAKE BLEĐ**

**15 km round trip / ascent 270m. Hillsides and panoramic walk**

Today you can take a **leisurely stroll** into Bled, a popular town on the shore of a beautiful glacial lake, with its unique island church and castle perched high upon the lakeside cliff. A short panoramic walk can be taken to the villages of Kupljenik and Bela. For the best photos and views of the lake, castle and Karawanke range, ascend Osojnica. End the day with the local speciality – the cream cake ‘Kremsnita’ in one of the great little tea shops beside the lake. (Accommodation: 4\* hotel)

## **DAY 6 (car transfer) POKLJUKA – USKOVNICA SADLE – VOJE – LAKE BOHINJ**

**12 kms / ascent 200m. Mountain meadows & tree line walk**

You will begin your hike across mountain pastures and old farmhouses to a viewing point into the Bohinj Valley. As you descend you can stop at the little historic village of Studor and see how people lived 150 years ago. Your final destination is Lake Bohinj, the jewel of the Triglav National Park.

(Accommodation: 4\* Hotel)

## **DAY 7 LAKE BOHINJ 16/23 kms. Lakeside / valley walk**

Spend the day strolling around this wonderful, tranquil lake sitting in the shadows of the immense Julian Alps. At the western end of the lake is a short trail up to Savica Waterfall, which feeds the lake. Then you can take the cable car up to the 1532-metre high Vogel Mountain for a spectacular view of Mount Triglav, the highest peak in the Julian Alps. (Accommodation: 4\* Hotel)

## **DAY 8 END OF TOUR OR EXTENSION OF STAY IN BOHINJ**

*Please note that mentioned walking times take an average walker in account. These are net times (i.e. not including rests or lunch stops).*

## 2018 PRICES AND DATES

Tour can start any day between 31 March and 6 October 2018.

€630.00 per person sharing

+€130.00 Single room supplement

+€25.00 High season supplement ( travelling from 1<sup>st</sup> August – 20<sup>th</sup> September )

## PRICE INCLUDES

- Accommodation in above mentioned hotels / boarding houses in a two bedded room with WC and shower on bed & breakfast basis
- Tour guide who walks with the group and looks after the daily program
- Transfers on day 4 and 6
- Luggage transfer from hotel to hotel (1 piece per person)
- Information package including detailed route description with corresponding maps (one per room) Maps and description (in a form of a picture book) have to be returned to us after the trip
- Backup service (hotline) during the trip
- Welcome meeting upon arrival

### Optional extras:

Half board supplement €125 per person - (7 dinners/3-course in the accommodation hotels)

We can organize additional nights in Bled:

3\* Hotel per person / night in standard double room – €65.00pps; single room €90.00; half board supplement €15.00.

Additional night in Bohinj:

4\* Hotel, per person/night, in a double room, B&B: €60.00pps; single room €85.00;

half board supplement €15.00 (3-course dinner)

### Transfers are possible: all prices are one way and based on a minimum of 2 people travelling

From Ljubljana airport to Podkoren (Kranjska Gora) : €60.00 per person

From Ljubljana city to Podkoren: €70.00 per person

Bohinj to Ljubljana airport €55.00 per person

Bohinj to Ljubljana City €60.00 per person

Bohinj to Podkoren €55.00 per person

## WHAT TO BRING

Your enjoyment of your walking holiday will be greatly helped by having the right gear. The following list should help you in planning your packing for your trip.

**Daypack** - a small comfortable rucksack to carry the bits and pieces you will need during the day:

- Water bottle/flask
- Moleskin/plasters/"second skin" – ward off any impending blisters before they become a problem!
- Sun screen
- Camera
- Binoculars
- Mobile phone

**Footwear:** Good footwear is vital for a happy walking holiday! We recommend waterproof, breathable, walking boots with good ankle support. Boots which are "broken in" (i.e. not brand new), teamed with **well fitting hiking socks** will keep your feet snug and dry and help to avoid blisters.

### Hiking Clothes

We recommend the "onion look" of layering clothing as the best protection against heat/cold:

- Base Layer –this layer should not retain moisture but transport it away from the skin (there are lots of "wick away" fabrics now on the market.
- Insulation layer – this layer should stop you from losing body heat – fleece is ideal
- Outer Layer – this layer should keep you dry even in a downpour! A **waterproof**, breathable jacket and over-trousers are as important as your comfy boots. You should bear in mind that clothing tends to lose its "waterproofness" over time so if you have had your gear for many years it might be time to treat yourself with a trip to an outdoor store!
- Walking trousers/ shorts (avoid denim)
- Warm hat and gloves for chilly mornings or high mountains
- Sun hat
- Walking stick/pole (a great help on uneven terrain)

## GENERAL INFORMATION

### Accommodation

All rooms are with WC and shower/bath. We do reserve the right to change the accommodation around during the week, but we will always endeavour to provide a high standard.

**Money** - The unit of currency is the Euro (€), 100 cent = € 1.

### Travel Insurance

It is essential to take out holiday insurance to cover cancellation, personal accident, illness, or loss of possessions.

### Travel

Slovenia is well served by many airlines. Of the mainstream carriers, Slovene national airlines Adria Airways fly to Ljubljana airport twice daily from London. Easy Jet flies every day from London to Ljubljana. Ryanair serves Maribor in NE Slovenia. Airport of Ljubljana is 25 km from the centre. There are regular bus shuttle connections to the city but no trains are operating from there.

### Getting there...

Starting point of this trip is Kranjska Gora in NW Slovenia, on the Slovene / Austrian border ([GoogleMaps](#))

**By plane:** closest airport is Ljubljana (LJU). Several airlines serve it. From the airport you can travel to Kranjska Gora by bus (change once in Kranj, takes about 2 hrs) or book our transfer (faster): 50 EUR per person, two person's minimum. Transfers need to be ordered when booking the trip.

**By train:** nearest railway station is in Kranj, but it is difficult to get from there to Kranjska Gora. It's better to take our transfer:

### When is the best time to visit Slovenia?

Every season of year has its own charms in Slovenia. If you like blooming fruit trees, come and visit Western Slovenia in spring. Hot summers are coolest in Alpine valleys, along crystal clear rivers and deep forests. Unforgettable autumn colours cover East Slovenian hills every September. Any time you choose to come - you're welcome!